



## **2020 – 2021 Plan Year Benefit Overview**

### **Eligibility 1<sup>st</sup> day of Part-Time employment**

#### **Teladoc**

With Teladoc, you have 24/7 access to talk to a doctor by phone to get a diagnosis, treatment options, and a prescription if necessary. Teladoc is a great option for common medical issues such as colds, flu, poison ivy, respiratory infections, bronchitis, pink eye, sinus problems, allergies, urinary tract infections and ear infections. Save time and money by using Teladoc when appropriate. You can speak with a physician from home or work with NO co-pay or bi-weekly deduction.

#### **Aetna Resources for Living**

Balancing your work and life is not always easy. Aetna Resources for Living provides support, guidance, and resources to help resolve personal issues such as depression, anxiety, grief and loss, stress with work or family, etc. Many other features and services are available online through the website, such as a basic will preparation, estate planning, consultations for financial issues, and much more. It is free confidential and available for you and your household members 24 hours a day, 365 days a year.

#### **401K**

All employees who are at least 21 years of age are eligible to participate in ACH Child and Family Services' 401(k) plan on the first day of the month after six (6) months of continuous employment. Upon enrollment, you may contribute between 1% and 20% of your compensation each pay period on a pre-tax basis to your 401(k) account. ACH Child and Family Services will match 100% of your contribution up to a total of 3%, and 50% of the next 2% of your contribution as determined by Human Resources and IRS regulations.

#### **Discount Program**

ACH is pleased to announce this benefit available to all employees. You have access to discounts and perks on many products and services you use each day, including local offers. You will receive an email from BenefitHub with a link to register.

#### **YMCA –Fort Worth**

This voluntary benefit is paid 100% by the employee. Employees have the option to enroll as a member of the YMCA, at a 30% discounted rate. The enrollment fee is waived, and you are permitted to cancel membership at any time, with no cancellation fee. As a member, you will select whether you want to enroll with the Fort Worth locations.

#### **Pet Insurance**

My Pet Protection suite of pet insurance plans is a voluntary benefit 100% paid by Employee, designed to give your pet superior protection at great price. You can also opt for a wellness plan.

*These benefits are subject to change at any time by the management of ACH Child and Family Services*